

INDIVIDUAL HEALTHCARE PLANS: MAKING THEM WORK

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PRINCIPAL CLINICAL PSYCHOLOGIST,

CHILDREN'S PSYCHOLOGICAL MEDICINE AND THE MEDICAL NEEDS INREACH PROJECT

COMMON REACTIONS

Ahhh, they wont meet threshold for EHCP unfortunately...

What's an IHP?

But they don't need any medicine at school?

Sounds like a lot of work...

Sounds Great!

ADVANTAGES

All of the child's
contacts in one place

- Opens up conversation about consent to contact
- Knowing who is involved – and where the gaps are
- Ease of communication between professionals

Multi-disciplinary input

- Framework for having tricky conversations
- Ensuring accuracy of information
- Efficacy is improved when the child's needs are considered holistically

Child and Family Input

- Accounts for child and family's wishes
- Develops a shared rationale and agreement
- Everyone is "on the same page"

MOST HELPFUL WHEN...

Children are not optimally accessing education

There is uncertainty what the medical condition or advice is

There is staff anxiety about managing the impact of the MN

There is child/family anxiety about managing the impact of the MN

There are multiple / complex impacts of the medical condition

A GOOD IHP WILL...

Reduce the
feeling of
difference

Aid school
reintegration,
attainment and
achievement

Improve
management of
the child's
medical needs

Increase self
esteem and social
interaction

Ensure effective
use of resource

SOME EXAMPLES

What	Why	Who
Leo will be given 30 mins of English and Maths per day, that can be completed at home when he is too tired to attend school	To ensure Leo has a consistent level of activity every day, to help fatigue management. To ensure he accesses some learning.	Agreed with medical team as appropriate. Class teacher to provide to mum at beginning of week. Mum to drop in work at end of week.
Catherine to be given a lunchtime queue jump pass. Catherine is to use this at the beginning of the lunch break.	Catherine is physically fit to stand in a queue but she has a number of stressors in her life at the moment. This will reduce her overall stress levels and reduce “meltdowns”	Head of year to provide pass and to communicate to lunchtime staff. Lunchtime staff to feedback if pass is being improperly used.

WHAT DO YOU NEED?

- A TEMPLATE – LOTS AVAILABLE (ON USB, INTERNET, DFE GUIDANCE)
- AN OPEN MIND – WHAT ARE THE WHOLE RANGE OF IMPACTS OF THE MEDICAL NEED?
- INFORMATION – WHAT DO YOU NEED TO KNOW AND WHO DO YOU NEED TO GET IT FROM?
- CREATIVITY – MANY POSSIBLE OPTIONS ARE NOT OBVIOUS AND MAY BE COUNTER-INTUITIVE
- EVERYONE ON BOARD – YOUR MEDICAL NEEDS POLICY AND THE GUIDANCE WILL HELP
- REVIEW – THE PLAN WORKS BEST WHEN REVIEWED BY EVERYONE

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THANK YOU

ANY QUESTIONS?