

## KS 2 PSHCE

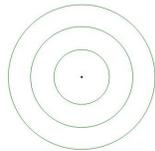
**Make a Friendship Soup!** What ingredients would you use to make your most special and trusted friend?



### Notes for adults

Resources needed: access to the internet, piece of paper, pencils/pens, copy of 'Friendship Soup' to complete.

- Ask your child to draw concentric circles, which fill a side of an A4 piece of paper



- Ask your child to draw themselves in the middle. Then to draw in the next circle people who are very close to them, (such as parents, siblings, grandparents), then in the next circle, to draw people who they feel close to, but not as close as the people they have already drawn (it might include their best friend at school, or a grandparent, or a cousin). In the next circle ask them to draw people they know but as not quite as close again (this might include people at school they know, an aunt they visit). On the outside of the circle, ask them to draw people they know to say hello to, but not more than that (this might be the postal worker, a shopkeeper, someone from near to where they live). You might want to help your child by completing your own circles at the same time and discussing why you have put your people where you have.
- Talk with your child about why they have put different people in the different circles. What is it about their special people that makes them feel very close to them? You might want to write a list of reasons, for example,
  1. These people look after me
  2. These people love me
  3. I trust these people
  4. I feel safe with these people
- Introduce the Friendship Soup video by saying that you are going to focus on what makes a good friend to them (you could talk particularly about a friend they have named in the circles). Watch <https://www.youtube.com/watch?v=H7w7yXkJTu0> together.
- Using the sheet 'Friendship Soup, ask your child to complete the ingredients and the quantities. They can be as silly as they like!
- You might like to do one, two!

