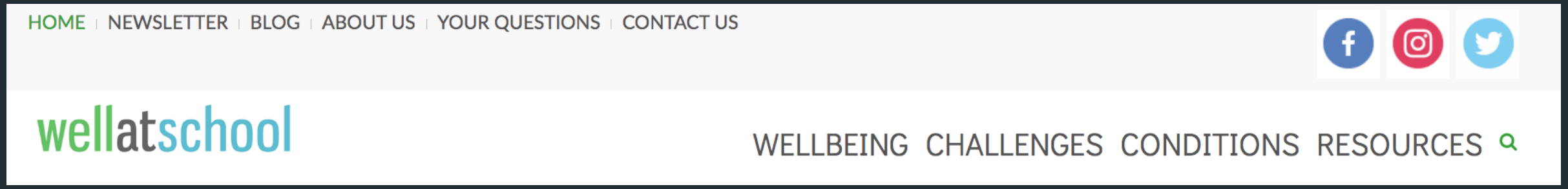
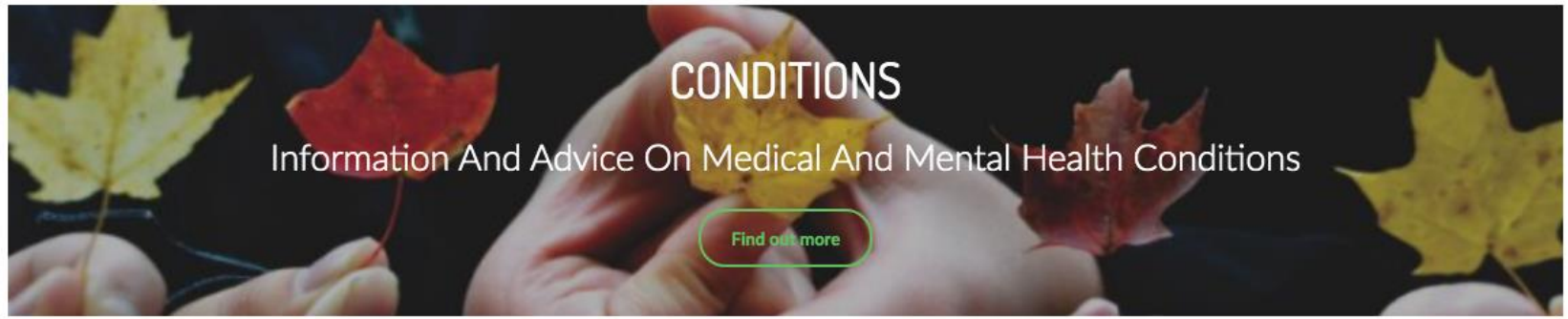


www.wellatschool.org

Helping Children With Medical And Mental Health Conditions Get The Best Out Of School



Information, Advice And Resources For Schools, Parents And Carers

Advice For Schools

Where to start with supporting students with medical / mental health needs in school.

Read more

Advice For Parents/Carers

How to get the support your child needs when they are in school.

Read more

Advice From Young People

What young people would like schools to know.

Read more

What do we do?

Help children with medical and mental health conditions get the best out of school

Who are we?

Maria Marinho & Martin Dixon

we are teachers at
Chelsea Community Hospital School
in London

Why us?

Experience

Research

Passion

Broadening the Conversation

Partnerships in practice

Concise and up to date information on a range of medical and mental health conditions

for staff working in schools and other education settings

Partnerships in practice

information and advice on a range of issues that impact on learners

who suffer from chronic and long term medical and mental health conditions.

Partnerships in practice

We draw on the expertise of medical professionals

and the experience young people living with chronic and long term conditions

to inform our information and advice

Why www.wellatschool.org ?

A website with up-to-date and relevant information and guidance

Why www.wellatschool.org ?

Social media presence engaging in debate on access to education

Why www.wellatschool.org ?

Platform for disseminating latest research and evidence based practice

Why www.wellatschool.org ?

A space to listen to and relay what young people tell us

Wellbeing

What Research Tells Us

Discover what research tells us about supporting mental health and wellbeing in school.

Find out more

Whole School Approach

How to involve the whole school in promoting mental health and wellbeing.

Find out more

School Based Interventions

Information on a range of universal and targeted school based interventions.

Find out more

Health and Education Working Together

Practical advice for schools on health and education working together.

Find out more

Get Help Now

Young Minds - get urgent help
The Mix - get support
Mind - getting help in a crisis
NHS Apps Library - mental health apps

Challenges

Dealing With Bullying

Studies show that children with a chronic illness are more likely to be victims of bullying. What can schools do?

Find out more

Transitioning From Primary To Secondary School

How to support students with the transition from primary to secondary school.

Find out more

Managing Exam Stress

Helping students manage the stress of exams.

Find out more

Managing Hospital Admissions

How schools can help a student who is going into hospital.

Find out more

Returning To School After An Absence

Six things schools can do to manage a return after an absence.

Find out more

Coping With A Bereavement

How schools can support students coping with a bereavement.

Find out more

Supporting Siblings

How schools can actively support the siblings of sick children.

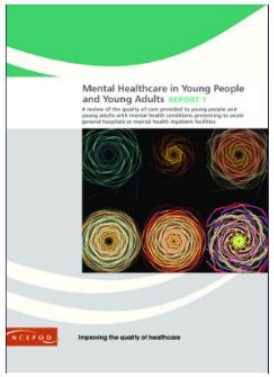
Find out more

Conditions

ACQUIRED BRAIN INJURY
ADHD
ALLERGIES
ANXIETY DISORDERS
ASTHMA
AUTISM
BIPOLAR DISORDER
CANCER
CEREBRAL PALSY
CONDUCT DISORDER
CYSTIC FIBROSIS
DEPRESSION
DEVELOPMENTAL LANGUAGE DISORDER
DIABETES
DOWN'S SYNDROME
DYSLEXIA
DYSPRAXIA
EATING DISORDERS
ECZEMA
EPILEPSY
HYDROCEPHALUS
INFLAMMATORY BOWEL DISEASE
KIDNEY CONDITIONS
MUSCULAR DYSTROPHY
OCD
PSYCHOSIS
SELECTIVE MUTISM
SELF-HARM
SICKLE CELL DISEASE
SPINA BIFIDA
TOURETTE'S SYNDROME
TUBERCULOSIS

Blog

Mental Healthcare in Young People and Young Adults



For anyone working with young people, this recent report from the Healthcare Quality Improvement Partnership (HQIP) will make an interesting read. It uses routinely collected national datasets to give a national picture of the quality of physical and mental healthcare currently provided, and how patients with mental health conditions use these services. Read more...

Read more

Inflammatory Bowel Disease (IBD)

We have created a new 'Inflammatory Bowel Disease (IBD)' section in our list of conditions. We have revised and re-written the details on Crohn's Disease and also included information on Ulcerative Colitis.

Read more

The Medical Needs in Schools project's new self-evaluation tool

MNIS - OXON
Medical Needs in Schools

Steve Lowe from the Oxfordshire Hospital School explains their new self-evaluation tool developed by the Medical Needs in Schools project. MniS is a collaboration between Oxfordshire Hospital School and Children's Psychological Medicine – Oxford University Hospitals NHS Foundation Trust. Read more...

Read more

#FridayConversation

We recently presented Well at School at the RSA Rawthmells Friday Conversations and enjoyed a stimulating conversation about mental health and wellbeing in schools.
If you would like us to present at your organisation / event please get in touch.

Read more

Getting the best for your child – advice for parents and carers

Parents/carers of children living with chronic and acute medical and mental health needs face a range of challenges getting them the best care and support. Read more here...

Read more

Youth Mental Health First Aider course

One of our teachers, Marie, recently attended NIMH's Youth Mental Health First Aiders course. Read her review here.

Read more

Resources

Advice For Schools

How to support students with medical/mental health needs in school.

Find out more

Advice For Parents/Carers

How to talk to to your child's school.

Find out more

Advice From Young People

What young people would like schools to know.

Find out more

Individual Healthcare Plan

Templates and guidance.

Find out more

Medical Needs Policy

Useful documents to help you write and review your school's Medical Needs Policy.

Find out more

Training

Links to online training resources we recommend.

Find out more

Hospital Schools UK

Hospital schools in England, Wales, Scotland and Northern Ireland.

Find out more

Who's Who

The roles of school and medical staff involved in the support of a student with medical/mental health needs.

Find out more

Glossary

Definitions of commonly used terms and acronyms.

Find out more

How you can help broaden the conversation

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