

The Oxfordshire Hospital School

Physical Education Curriculum Statement



Physical Education

At OHS, this includes all things to do with physical education, including quizzes, mini projects, wellbeing challenges and physical activity. Pupils are encouraged to participate and to take on new challenges within a safe and supportive environment. Learning plans are bespoke to individual needs and it's important to us that pupils are actively involved in the decision making around these. Physical Education is part of our overarching offer and is delivered through supported independent activities and 1:1 teaching. Accessibility and inclusivity are key aspects of our approach.

Our aims are to:

- Contribute to pupils' experience of a broad and balanced curriculum
- Maintain curriculum continuity, where possible, for long-stay or regular attending pupils
- Offer opportunities for accreditation
- Provide opportunities for pupils to review, reinforce and extend subject specific knowledge and skills
- Foster enjoyment and active involvement in physical activity
- Develop the pupils' confidence, skills and experiences
- Explore adaptations to make sport accessible and show understanding of the importance of inclusive and accessible activity in the wider world
- Experience a playing or coaching role within a physical activity
- Be physically active
- Contribute to pupils' personal, social; moral, spiritual and cultural; social and emotional development

Key skills & knowledge are taught through the following areas:

5 Way to Wellbeing
Mental Health
Getting Active
After school club sport

Pupils are encouraged to extend their learning and develop independence outside of school through taking part in inclusive home activities, quizzes and mini projects